

## WOMAN'S HERALD

Devoted to the Household, the Fashions and the Activities of Women

MARY MARSHALL, Editor.

DAILY DEPARTMENT OF THE WASHINGTON HERALD.

Correspondence is invited. Address all communications to the Woman's Editor of The Washington Herald.

THURSDAY, FEBRUARY 11, 1915.

## Inherited Consciences.

Consciences have gone out of style.

With fainting and small appetites and many other Victorian virtues and habits consciences have gone. If we asked the ordinary child if his conscience pricked, he would think we were referring to some elaborately named pin.

Yet most of us have consciences. When we act, honestly, it is usually through some quick instinct—what used to be called conscience—not through any conscious reason or decision.

When you use one of the coin-in-the-slot telephones and the operator forgets to ask for your coin, why do you take off the receiver again and remind her of her remissness? Not because you reason that it would be dishonorable to keep the 2 cents you call costs. You don't reason; you act instinctively.

When the cashier at a restaurant, pushes 15 cents too much toward a man with the change from his lunch bill he returns it instinctively—his conscience pricks him.

When you start to answer a request for donations to somebody's pet scheme for relieving Europe's distress, why don't you write that you can afford no more gifts? You start to write the words. But your conscience feels uncomfortable, and you incline instead a small check and decide to economize on your next frock. It isn't that you feel that those words of excuse would be a lie. It is just that your conscience is troublesome.

Consciences are out of style. Yet we all have them, and most of them are in good working order in spite of their lack of fashion.

They are an inherited trait. They are not acquired. They are not the result of the United States is built up on conscience. Sam's settler, Cavalier, Dutch settler and Puritan—all of them have willed us consciences. We cannot get away from them. They are our birthright, our inheritance.

## HOROSCOPE.

This is the "horoscope" but do not compile.

Thursday, February 11, 1915.

According to astrology this is an unfortunate day for some of the planets exercises a strong influence. While Venus and the Sun are mildly benefic in their ways, Jupiter and Mercury are adverse.

The sign of Libra, representing for journeys that have business as their goal, is passing an auspicious time for beginning new trips and for making changes in the course of improving domestic and financial conditions.

The stars are very encouraging for the financial position. Speculation, Railways and bonds, all have the signs of success and heavy losses are avoided. The stars are very encouraging for the financial position.

Scandals and lawsuits are uncommon in districts least likely to suppose astrology. This should be a fairly lucky rule for readings between men and women.

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## HOUSE-WIVES

DAILY ECONOMY CALENDAR

SAVORY SAUCES.

Nothing so adds to the taste of a rather tasteless meat or vegetable dish as does a savory sauce of some kind.

Homemade sauce makes even plain boiled beef tempting. Boiled rice, with tomato savory sauce, becomes a dish fit for an epicure. These sauce converts a tasteless cauliflower into a tidbit that one remembers for a week.

Here are some recipes for easily made savory sauces:

Celery Sauce:

This is to be used with left-over chicken, veal or lamb, which can be cut in dice and heated in the sauce. To make it, mince celery enough to measure half a cupful, and add it to a cupful of white sauce.

Savory Tomato Sauce:

Steep a minced onion, a sprig or two of parsley, two cloves, a bay leaf and two or three peppercorns in the contents of half a can of tomatoes for fifteen minutes. Then strain, season with salt and more pepper if necessary, and thicken with butter and flour rolled together, or else thicken before straining. This sauce is delicious with macaroni or rice, or with chops or fish cakes.

Horseradish Sauce:

Squeeze horseradish dry of the vinegar in which it has soaked in a clean bit of muslin and add four tablespoonfuls of it to a cupful of drawn butter or white sauce, or to a cupful of thickened meat gravy. This is to be served with boiled beef or with warmed-over beef of any sort.

Caper Sauce:

For use with lamb and mutton and fish. Add a quarter of a cupful of capers, well drained, to a cupful of mayonnaise. This sauce is used with fish.

Sauce Tartare:

Chop olives, cucumbers, pickles and parsley, and add about a teaspoonful of each, with the same amount of drained capers to half a cupful of mayonnaise. This sauce is used with fish.

Egg Sauce:

Use this with fish—fresh boiled fish, with warmed canned salmon, or with any pickled-up, left-over fish. Add two eggs, hard boiled and chopped very fine, to a cupful of white sauce, rather thin, well seasoned with salt, pepper and celery salt.

Cheese Sauce:

Add half a cupful of grated American cheese to a cupful of white sauce, better, to a cupful of white sauce. This is good with macaroni or spaghetti or with various vegetables—cut up in small pieces, Brussels sprouts, cauliflower.

(Copyright, 1915.)

## Tomorrow's Menu

First catch your plans along the evening edge of the clock, and you'll find the evening menu.

BREAKFAST:

BANANAS, ORANGE JUICE, BAKED POTATOES, BOILED EGGS, BUTTER, SALT, PEPPER, CELERY SALT.

DINNER:

OYSTERS COCTAIL, BAKED POTATOES, BOILED EGGS, BUTTER, SALT, PEPPER, CELERY SALT.

SUPPER:

EGG COCTAIL, BAKED POTATOES, BOILED EGGS, BUTTER, SALT, PEPPER, CELERY SALT.

French Potatoes: Steep two cupfuls of flour into three well-beaten eggs and add a teaspoonful of sugar, two cupfuls of milk, and half a teaspoonful of salt. Beat thoroughly and fry brown. Spread each cake with jelly or jam and serve at once.

Oyster Cocktail: Add a cupful of tomato catsup to a pint of small oysters and their liquor, with the juice of two medium-sized lemons and a tablespoonful of Worcestershire sauce. Add salt to taste and six drops of tabasco sauce and heat. Serve hot in cocktail glasses.

Baked Potatoes: Bake three eggs thoroughly in a buttered pan, and add a cupful of milk and a cupful of flour. Then add the butter, gradually, and at the last a tablespoonful of milk and a teaspoonful of baking powder. Bake in a hot oven in jelly rolls tin. Six or eight minutes ought to be long enough to bake them. Cool, spread with current jelly, and mix the layers on top of each other. Sprinkle powdered sugar over the top one.

These Colors Coming:

Some of the new colors with names like champagne and have fanciful names. These were all made in America. Girls have the advantage of colored shades that are named "Palm Beach sand," "Arizona Silver," a lovely shade of gray, "Oregon Blue," a lovely shade of blue, "Rocky Mountain blue," "Newport tan," "Gettysburg gray," and "Piping Rock," a very delicate gray.

Onions will fry more readily if dipped in milk after slicing.

## LORD'S DANCING WINS SECOND TANGO BRIDE.



February 11—Elizabeth of York.

Elizabeth of York, whose husband was Henry VII, King of England, was born February 11, 1465. She was the mother of the first Tudor monarch, Henry VIII, and she died when she was thirty-eight after the birth of her last child, Catherine. Elizabeth is described as tall and fair with long golden hair and the contemporaries seem to agree in ascribing to her considerable beauty. There is not the slightest doubt of her goodness and gentleness, and whatever Henry VIII's faults may have been certainly he derived very few of them from his mother, Elizabeth of York.

Lydia Maria Child, who was born 112 years ago today, has the distinction of having been the originator of modern juvenile literature. Early in her life she espoused the cause of abolition and, as a result, endured social and literary ostracism for many years.

"I never work on the winning side," Mrs. Child once said, "because I know there will always be plenty to do such work." For many years she devoted her entire energies to the cause of abolition and endured much poverty and privation as a result.

Lady Flora Hastings was born four years after Lydia Maria Child. She was one of the ladies-in-waiting in the household of Queen Victoria, and because of false accusations, which were later proved to be utterly groundless, she was brought to an early grave and died when she was but thirty-three. The scandal of Lady Flora Hastings and the subsequent investigations clearing Lady Flora's name constitute one of the saddest chapters in the records of the personal history of Queen Victoria.

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New York, Feb. 10.—"My present wife and I met at her father's hotel, the Pine Beach, at Barnegat Bay, N. J. There was tangoing there. Tingoing you know, both my bride and I. Lord Douglas Moore, of the Hotel McAlpin today in discussing his daughter, Miss Marjorie Wilson, daughter of William Wilson, who also owns the Remington Hotel in West Forty-sixth street. His first bride was Anabel Henderson, daughter of Charles Henderson, a broker. She was seventeen and the marriage was annulled. The last I saw of her as my wife was when we were dancing together in Shantley's last summer when her parents came in and took her away."

Lord Gray and his second wife start on a trip around the world.

A Woman Who Has Won Out In Business In Washington

When Anna Gann Was a Little Girl She Made Sweetmeats for Fun and Now Is Successfully Running a Large Candy Kitchen.

Investment at the start. There were anxious times. The demand for candy isn't steady. At holiday seasons I have had to work day and night. And then the problem comes how to keep my force busy when there is no holiday rush.

"It was when I was trying to keep from cutting down my force that I hit upon the idea of letting a small army of young boys canvass the town with 5-cent sample packages of my candy—partly to help dispose of the daily output and partly to get people familiar with it."

The training of the Kinesthetic Sense through the use of the Montessori material will be the theme of the lecture at 4 o'clock today. The subject tomorrow will be "The Significance of the Montessori Material in Developing Forms of Consciousness."

Dr. Hunt has taken the Montessori course for the training of teachers and now is working in collaboration with the Montessori material. She holds the degree of doctor of pedagogy from New York University, has had a wide experience in the teaching field, especially in psychology and normal school pedagogy, and for the last four years has been devoting herself almost exclusively to the study of the psychology of auto-education.

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## FAMOUS WOMAN

HER BIRTHDAY AND YOURS

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## MONTESSORI EXPERT

ADDRESSES TEACHERS

Dr. Harriet E. Hunt Talks at George Washington University on

Auto Education.

The tendency to establish relations was the subject of the first of a series of lectures on "Auto-Education," given yesterday afternoon in the assembly hall of the Arts and Sciences Building of George Washington University, 2023 G Street, northwest, by Dr. Harriet E. Hunt, specialist in the Montessori method. The lectures are being given under the auspices of the Teachers' College of the institution.

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## MME. DIEULAFOY, THE WOMAN IN TROUSERS, WANTS TO GO TO WAR

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Elizabeth of York, whose husband was Henry VII, King of England, was born February 11, 1465. She was the mother of the first Tudor monarch, Henry VIII, and she died when she was thirty-eight after the birth of her last child, Catherine. Elizabeth is described as tall and fair with long golden hair and the contemporaries seem to agree in ascribing to her considerable beauty. There is not the slightest doubt of her goodness and gentleness, and whatever Henry VIII's faults may have been certainly he derived very few of them from his mother, Elizabeth of York.

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## MME. DIEULAFOY.

Mme. Dieulafoy, who has permission from the French government to wear man's attire, favors conscription of women.

She demands not to be allowed to vote, but to be allowed to go to war. The branch of the army in which this fair patriot wishes to enroll is known as the intelligence generale, which includes all executive and clerical positions, having to do with the commissariat and the equipment and provisioning of troops.

Mme. Dieulafoy contends that the large number of officers employed in the different branches of the commissary department is a distinct loss to the fighting branch of the army, and that the administrative and clerical work could be just as well done by the women of France.

Last March, before France was embroiled in the great war, Mme. Dieulafoy had written her novel army project and was soon in receipt of letters from women all over France offering to wear man's attire, favoring conscription of women.

In part, this is what Mme. Dieulafoy advises: "Every woman of twenty years, married or unmarried, shall serve six months in the hospital. Women with children under seven years of age shall be exempt."

"Women with more than three children are exempt. Women should serve as cooks, tailors and seamstresses in the field. They should serve as secretaries and typists of generals in command, thus adding a specialized army corps to the existing material of France."

Mme. Dieulafoy is a chevalier of the Legion of Honor, and has earned fame as an explorer and war correspondent. She accompanied her husband, Marcel Dieulafoy, member of the Institute, on his explorations into the heart of Persia. During this trip she donned masculine attire, and has since excelled the furthest of feminine apparel.

At the electric anniversary dinner the bride wears her wedding gown and a wreath of illuminated flowers instead of her veil. Her bridesmaids carry bouquets interpreted as electric bulbs. If the men of the party wear bull busterieres, as many dishes as possible should be illuminated, and if the hosts are at all clever at getting up unique effects in favors an immense amount of fun may be extracted from the affair.

Will Hold Lenten Services. Short many Lenten services lasting twenty or thirty minutes will be conducted by Rev. Dr. Randolph McKim at the Church of the Epiphany, 15 street, between Thirteenth and Fourteenth streets northwest, from February 18, the day following Ash Wednesday, until the Saturday before Palm Sunday. The services will be held every week day except Saturday.

Stains on knives depart if the blade is rubbed with a raw potato dipped in knife powder.

TODAY'S FASHION NOTE.

The work of aiding girls who had been thrown out of college by the war immediately established an employment bureau at the Vacation Savings Fund headquarters at 23 East Thirty-eighth street, New York, and kept the telephone wires busy informing employers all over the city that the bureau was open, and that it was incumbent on them to send these for recommended girls for various positions. So persuasive and insistent was she that in the first week the bureau placed fifty girls and received applications steadily thereafter. For temporary relief Miss Smith opened a workroom for making Red Cross garments and supplies where any otherwise unemployed girls might work, receiving 20 cents a day. These new developments also illustrate the adaptability of the Vacation Savings Fund. This organization of employed girls in 175 of the largest stores, factories,